

INTRODUCTION to BIOENERGETIC ANALYSIS and BODYWORK ART THERAPY

EMILIE KEMLO

CLINICAL TRAINING FOR PROFESSIONALS IN HUMAN SERVICES

PRESENTED BY IMHPJ-KANTO CHAPTER

(International Mental Health Professionals of Japan)

(www.imhpj.org)

November 14, 2008, 9:30 a.m. - 12:00 noon

The Tokyo Community Room (see directions below)

PROFILE: Emilie Kemlo, Canadian Registered Psychologist, has been an Internationally Certified Bioenergetic Analyst with the International Institute for Bioenergetic Analysis since 1983, under the direction of Dr. Alexander Lowen, Reichian Analyst and founder of Bioenergetic Analysis. Based in Tokyo since 1990, Emilie Kemlo has worked at the former Counseling Center of Tokyo (CCT) and in private practice using Art Therapy which she trained with the American Art Therapy Association. Currently she runs a private practice in Omotesando, Tokyo, Japan, as a member of IMHPJ.

PROGRAM: In this Workshop, Bioenergetic Analysis will be introduced in theory and practice via lecture and lifesize bioenergetic paintings, bio exercises, and bioenergetic analysis to give participants an interactive experience of the mind/body connection and disconnections we work with as therapists. The goal of Bioenergetic Analysis as a psychotherapy is to integrate each client's current difficulties and patterns with their understanding of their character structure, which is a kind of suit of armour or secondary system of defenses, both physical in the muscle holdings we carry and attitudinal in our mental defenses. Bioenergetic Analysis uses emotional and physical release work to unlock the musculature and emotional traumas within. The result is often emotional relief, freedom of movement and breathing, and healing of the inner child wounds.

COST: Clinical Members ¥1,000 yen; nonmembers ¥2,000

Please register by **Monday, November 10** and indicate if you also wish to attend lunch at the Cortesia Restaurant next door. Please state choice of three-course lunch with coffee for ¥1900: 1) meat pasta, 2) seafood, or 3) vegetarian.

SEND reservations to: Adair Nagata <info@imhpj.org>

LOCATION: Tokyo Community Room, 5-4-22 Minami Aoyama, Minato-ku, Tokyo

DIRECTIONS: The Omotesando Metro Station is serviced by the Chiyoda, Hanzomon, and Ginza lines. Use Exit B-3. At street level, turn left and proceed to the first stop light that is Koto Dori and turn left again. There will be a Max Mara shop on that corner. Go three stoplights and turn left again. The building will be on your far left through a big green gate of a housing compound. The complex of residential buildings is two and three storeys high in a light yellow color. The Community Room is the last door on the left.