

Introducing Music Therapy

Atsuko Nadata

CLINICAL TRAINING FOR PROFESSIONALS IN HUMAN SERVICES

PRESENTED BY IMHPJ-KANTO CHAPTER

(International Mental Health Professionals of Japan)

(www.imhpj.org)

November 9, 2007, 9:30 a.m. - 12:00 noon

The Tokyo Community Room (see directions below)

PROFILE: Atsuko Nadata majored in piano at Toho Gakuen School of Music and received her MA in Music Therapy from New York University. She received further training as a Guided Imagery and Music therapist. Along with her private practice, she has worked at Auditory Oral school (a preschool for the hearing impaired), Sloan-Kettering Cancer Center, New York Foundling Hospital (NYC), and Beacon Hospice (Boston). She returned to Tokyo in 2006 and opened a private practice. She is also a researcher at the National Center for Child Medical Health and Development. She is certified as a music therapist (MT-BC), a grief counselor (CG-C), and in Reiki.

PROGRAM: In the first half program, I will present a rough idea of what music therapy can do and what kind of people can benefit. Then we will work on drawings and colors so that you can experience one music psychotherapy technique called Guided Imagery and Music (<http://www.ami-bonnymethod.org>). In the second half, we will discuss our experiences of the first half and talk about more specific music therapy cases. If you are interested in music therapy with specific types of clients, please let me know (letsmusicing@gmail.com) in advance so that I can prepare relevant materials.

COST: Clinical Members ¥1,000 yen; non-members ¥2,000

Please register by Monday, November 5 and indicate if you also wish to attend lunch at the Cortesia Restaurant next door. Please state choice of three-course lunch with coffee for ¥1900: 1) meat pasta, 2) seafood pasta, or 3) vegetarian.

SEND reservations to: Adair Nagata <alnagata@rikkyo.ac.jp>

LOCATION: Tokyo Community Room, 5-4-22 Minami Aoyama, Minato-ku, Tokyo

DIRECTIONS: The Omotesando Metro Station is serviced by the Chiyoda, Hanzomon, and Ginza lines. Use Exit B-3. At street level, turn left and proceed to the first stop light that is Koto Dori and turn left again. There will be a Max Mara shop on that corner. Go three stoplights and turn left again. The building will be on your far left through a big green gate of a housing compound. The complex of residential buildings is two and three storeys high in a light yellow color. The Community Room is the last door on the left.